

Algarve Itinerary

7 Days

FLIGHT #:

HOTEL ADDRESS:

ARRIVAL:

DEPARTURE:



DAY 1

MORNING: Arrive in Portugal (Lisbon or Faro) and travel to Tavira

AFTERNOON: Eat lunch, Check in to accommodation

EVENING: Explore Tavira old town. Dinner

DAY 2

MORNING: Travel to Vila Real de São António. Visit Castro Marim Castle

AFTERNOON: Lunch, Walk along Rio Guadiana, Praça Marquês de Pommel

EVENING: Forte de São Sebastião. Eat dinner in Tavira OR take ferry across to Ayamonte, Spain for dinner

DAY 3

MORNING: Old Town Tavira, Visit Roman Bridge, Explore Castelo de Tavira

AFTERNOON: Lunch at Market in Olhão or Beach day at Fuzeta on the way to Faro, Check into hotel in Faro.

EVENING: Dinner at Afecto Restaurant (book a table!)

DAY 4

MORNING: Old Town Faro, Arco, Cathedral

AFTERNOON: Lunch, Scenic boat tour of the Ria Formosa

EVENING: rest, dinner at ATO Restaurant, walk along the waterfront

DAY 5

MORNING: Travel to Lagos or Portimão and check in to hotel. Explore Foraleza de Santa Catarina

AFTERNOON: Relax at the beach or visit Praia da Rocha for breathtaking cliffs and beach views. Take a kayak tour of the sea caves.

EVENING: Dinner in Lagos at Casa do Pintor

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DAY 6

- MORNING:** Travel to Sagres and Visit Cabo de São Vicente
- AFTERNOON:** Explore Fortaleza de Sagres and relax at Praia do Tonal
- EVENING:** Stroll through Salema and have dinner in this charming fishing village

DAY 7

- MORNING:** Pack and prepare for trip back to Lisbon or Faro to catch a plane for home.
- Options Depending on Departure Location**
- If heading back to Lisbon, stop by Loulé for a charming town experience
 - If extending stay, explore more of the Southwest Alentejo and Vicentine Coast Natural Park. Évora is also beautiful!

Welcome to the Algarve!

The Algarve is a paradise for travelers seeking golden beaches, charming towns, and stunning coastal scenery. This 7-day itinerary will take you on an unforgettable journey through Portugal's southernmost region, from picturesque fishing villages to dramatic cliffside hikes and hidden coves.

Flights and Transportation

Flights directly into Faro are available and if your budget allows it, I would recommend you do that. Otherwise you can fly into the Lisbon airport and catch a bus, train, or rent a car. For this itinerary, it is **optimal to rent a car** so that your transportation times are cut down and you can move around as much as you like.

Accommodations

Several Hotels are listed below that have been recommended as great places to stay. If you prefer to stay in Air B&B's, make sure they offer parking or that you will have a place to park. It makes your life easier.

Faro

- 3HB Faro (luxury)
- Lemon Tree Stay (mid-range)
- Hostel Casa d'Alagoa (budget)

Tavira & Olhão

- Pousada Convento de Tavira (luxury)
- Tavira House Hotel (mid-range)
- Formosa Guest House (budget)

Vila Real de Santo António & Castro Marim

- Grand House Algarve (luxury)
- Hotel Apolo (mid-range)
- Alojamento Baixa Mar (budget)

Albufeira & Carvoeiro

- EPIC SANA Algarve Hotel (luxury)
- Rocamar Exclusive Hotel & Spa (mid-range)
- Son of a Beach Hostel (budget)

Portimão & Lagos

- Bela Vista Hotel & Spa (luxury)
- Tivoli Lagos (mid-range)
- Lagos City Center Guest House (budget)

Sagres & Salema

- Martinhal Sagres Beach Family Resort (luxury)
- Memmo Baleeira Hotel (mid-range)
- Wavesensations Sagres Surf House (budget)

Restaurants

Tavira

- ã do Peixe – Traditional seafood dishes
- Terra i Mar – Local favorite for grilled fish

Faro

- ATO Restaurant – Fresh, locally sourced dishes
- O Castelo – Great views and delicious traditional Portuguese cuisine

Albufeira

- Casa da Fonte: seafood and traditional Portuguese
- O Lusitano: Portuguese, Mediterranean
- Porta 7 MFA: Portuguese meats, great wine
- Eduardo's Restaurant and Bistro: Traditional Portuguese

Vila Real de Santo António & Castro Marim

- Chá Chá Chá – Mediterranean and fusion cuisine
- Sem Espinhas – Beachfront dining with fresh seafood

Portimão & Lagos

- Casa do Pintor – Creative and delicious Portuguese cuisine
- O Camilo – Fresh seafood with stunning views

Sagres & Salema

- A Tasca – Cozy spot with fresh seafood
- Terra Restaurant – Creative plant-based and seafood options