



Wandering Works for Us

3 Days in Lisbon, Portugal

Notes and suggestions included

Lisbon is a city best explored at an easy pace, blending historic neighborhoods, waterfront views, and unforgettable food along the way. This itinerary covers two well-balanced days in Lisbon, starting slow in the city center and ending in Belém, followed by optional day trips for travelers with extra time. It's designed to help you see the highlights without feeling rushed, while still leaving room to wander and explore.

Day 1

City	Activities
Lisbon	<p>Morning:</p> <ul style="list-style-type: none">● Arrive at the Lisboa airport and transfer to the Hotel. This could take an hour. It could take three. A taxi ride is usually around €25, but make sure you agree in advance. You can also order a Bolt or Uber.● Drop off luggage for storage at the hotel. <p>Afternoon:</p> <ul style="list-style-type: none">● Lunch in Chiado--try Bifanas do Alfonso! Or the Folks is good for brunch● Explore Chiado: shopping, Santa Justa Lift, Carmo Archaeology Museum, Rossio Square, have some ginja at A Ginja.● Wander through Praça Luís de Camões in Barrio Alto● Head back to the hotel to check in <p>Evening:</p> <ul style="list-style-type: none">● If you are still awake, have dinner close to your hotel. Restaurants will open at 7.

Day 2

City	Activities
Lisbon	<p>**Morning:** Belém</p> <ul style="list-style-type: none">● Start at the Tower of Belém. If you want to go inside, make sure you book tickets in advance.● Jerónimos Monastery--book tickets in advance, and they are timed.● Stop into Belém de Pastéis and have a pastel de nata and coffee.● Check out one of the many museums: Maritime Museum, Museum of Art and Architecture, Contemporary Art Museum, and Quake (we recommend) interactive Museum <p>**Afternoon:**</p> <ul style="list-style-type: none">● Take a Bolt, Uber, or Tram over to LX Factory for Lunch and stroll through the shops● Take a bus over to Alfama to explore the area. Check out our Google Maps for suggestions. On a sunny day, climb up to São Jorge Castle and check out the view.● Make sure you check out the Miradouro Santa Luzia and Miradouro da Senhora do Monte for fantastic views of the city.● Walk the winding streets <p>**Evening:**</p> <ul style="list-style-type: none">● Alfama is a lovely area to get some Portuguese food for dinner or wander down the hill to the Praça de Comércio for drinks and dining. Get a good sunset pic at the water.● Find a great Fado performance

Day 3: Optional Day trip to Sintra

City	Activities
<p>Sintra</p> <p>We highly recommend you contact Yes, You Deserve to set up a tour. They are the best!</p>	<p>**Morning:**</p> <ul style="list-style-type: none">● Take the train to Sintra. It is usually a 45-minute ride.● Pena Palace is a great place to start, especially to beat the crowds. You will need a ride up there, so having a tour guide is very helpful.● Head back down to Sintra town to have lunch <p>**Afternoon:**</p> <ul style="list-style-type: none">● After lunch, visit Quinta da Regaleira and wander the grounds. Don't miss the initiation well! <p>**Evening:**</p> <ul style="list-style-type: none">● Have dinner in Sintra or take the train back to Lisboa

Optional Day trip to Mafra Palace

City	Activities
<p>Mafra.</p> <p>We recommend you take a day tour since you will have to rent a car to get there. Try this tour: Mafra Palace and Ericeira</p>	<p>**Morning:**</p> <ul style="list-style-type: none">● Pick up at your hotel and drive to Mafra● Guided tour● Drive to Ericeira <p>**Afternoon:**</p> <ul style="list-style-type: none">● Photo stops, lunch, and guided tour with shopping, <p>**Evening:**</p> <p>Return to Lisboa for dinner</p>

Optional Day trip to Évora

City	Activities
<p>Évora</p> <p>Évora is a great day trip especially if you are interested in trying the wine too. Check out this tour: Évora and Monsaraz with Alentejo wine tasting</p>	<p>**Morning:**</p> <ul style="list-style-type: none">● Pick up at your hotel and drive 1.5 hours● Chapel of Bones guided tour● Roman Temple walk● Cathedral of Évora● Church of St. Francis● Praça do Giraldo for lunch, shopping <p>**Afternoon:**</p> <ul style="list-style-type: none">● Monsaraz guided tour● Wine tasting● Head back to Lisboa <p>**Evening:** Dinner in Lisboa</p>

Notes and Suggestions

Use this space to jot down any notes, suggestions, or important reminders for your trip. Consider adding information about:

- **Transportation:**
- **Accommodation:**
- **Packing List:**
- **Budget:**
- **Emergency Contacts:**

What to Know Before You Go

Other Places to Visit (If You Have Extra Time)

If you have more than two days in Lisbon—or want to swap something out—these spots are worth considering:

Time Out Market

A food hall featuring some of Lisbon's best chefs and classic Portuguese dishes.
Great for: picky eaters, quick meals, or trying multiple foods at once.

Parque das Nações

A more modern side of Lisbon with wide walkways, waterfront views, and the Oceanário.
Great for: families, architecture lovers, or a break from hills.

Feira da Ladra (Flea Market)

Held Tuesdays and Saturdays in Alfama.
Great for: antiques, local crafts, and a more local experience.

Getting Around Lisbon

Walking

Lisbon is very walkable, but it is **hilly and cobblestoned**. Comfortable shoes are not optional.

Public Transportation

- **Metro:** Fast and affordable, best for longer distances
- **Trams:** Iconic and scenic (especially Tram 28), but often crowded
- **Buses:** Useful but slower in traffic

Just use your bank card to tap in and out.

Uber & Taxis

Uber is widely available and usually inexpensive compared to other European cities. Great for evenings or saving energy between neighborhoods.

Where to Stay (By Area)

- **Chiado / Baixa** – Central, walkable, great for first-time visitors
- **Alfama** – Historic and charming, but hilly and quieter at night
- **Bairro Alto** – Lively nightlife, best if you don't mind noise
- **Belém** – Quieter and scenic, but farther from nightlife and central sightseeing

Food & Dining Tips

- **Pastel de nata** is a must, most are good but the original is in Belém.
- Meals are relaxed and unhurried; don't expect fast service.
- Bread, olives, and cheese brought to the table are **not free**—you can decline them.
- Dinner is typically eaten later (8–9 PM).

Cultural & Practical Tips

- **Language:** Portuguese is the official language, but English is widely spoken.
- **Cash vs Card:** Cards are accepted most places, but small cafés and markets may prefer cash.
- **Safety:** Lisbon is generally safe, but watch for pickpockets in crowded areas and on trams.
- **Tipping:** Not required, but rounding up or leaving 5–10% is appreciated.

Best Time to Visit

- **Spring (April–May)** and **Fall (September–October)** offer the best weather and fewer crowds.
- Summer is lively but hot and busy.
- Winter is mild and quieter, with fewer tourists.

What to Pack

- Comfortable walking shoes
- Light layers (evenings can be breezy near the river)
- A small day bag with zippers
- Sunscreen

Final Tip

Lisbon is a city best enjoyed **slowly**. Build in time to wander, stop at viewpoints, sit at cafés, and let the city unfold rather than rushing from attraction to attraction.